

Young Females

Pos	Team Name	Time	Athlete	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos
1	Inverness Harriers AAC	28:22	Kyla Grant (U13G)	9:17	2	Niamh Doorley (U15G)	9:33	1	Anna Meek (U17W)	9:32	1
2	Inverness Harriers AAC	30:55	Iyla Souter (U13G)	9:20	3	Amy Simpson (U13G)	10:42	2	Sky Simpson (U17W)	10:53	2
3	Inverness Harriers AAC	32:08	Anwen Morley (U13G)	10:09	4	Annie English (U15G)	10:09	3	Rona Laird (U17W)	11:50	3
4	Peterhead Athletics Club	32:24	Hayleigh Reid (U13G)	9:07	1	Sophie Needs (U15G)	12:03	4	Emma Steel (U17W)	11:14	4
5	Ross County Athletics Club	33:20	Eden Lipovska (U13G)	11:32	8	Sophie MacGruer (U15G)	11:26	5	Lucy Fraser (U17W)	10:22	5
6	Stornoway Running & Athletics Club	34:59	Kristen Kate Maciver (U13G)	10:53	5	Ava Scaramuccia (U15G)	12:34	6	Isla Macleod (U15G)	11:32	6
7	Inverness Harriers AAC	36:34	Isla MacDonald (U13G)	11:16	7	Litia Vukicea (U13G)	12:18	7	Quinn Young (U15G)	13:00	7
8	Ross County Athletics Club	37:09	Emily Hubbard (U13G)	12:50	9	Skye Tinney (U15G)	12:37	8	Anabelle Murray (U17W)	11:42	8
9	Stornoway Running & Athletics Club	38:49	Beth Macleod (U13G)	10:56	6	Isla Eve Maciver (U13G)	15:25	9	Lilly Scaramuccia (U15G)	12:28	9
10	Ross County Athletics Club	40:30	Mairi MacColl (U13G)	16:07	10	Emer Bolger (U15G)	13:10	10	Anna Fraser (U17W)	11:13	10

Young Males

Pos	Team Name	Time	Athlete	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos
1	Inverness Harriers AAC	26:49	Riley Davidson (U13B)	9:36	2	Charles Davies (U15B)	8:47	1	Archie Grant (U15B)	8:26	1
2	Ross County Athletics Club	26:51	James Macaskill (U13B)	10:07	5	Fraser Hume (U15B)	8:52	3	Billy Sutherland (U17M)	7:52	2
3	Ross County Athletics Club	27:43	Mackie Henderson (U13B)	9:43	4	Callum Crawford (U15B)	9:09	2	Jamie MacGruer (U17M)	8:51	3
4	Inverness Harriers AAC	29:41	Gregor Cameron (U13B)	9:42	3	Kian Morrison (U13B)	10:02	5	Robert Spence (U17M)	9:57	4
5	Moray Road Athletes	29:52	Omar Akoub (U13B)	10:46	8	Hugh Cumming (U15B)	9:42	6	Alasdair Jenkins (U17M)	9:24	5
6	Stornoway Running & Athletics Club	30:28	Finley John MacLeod (U13B)	10:32	7	Liam Rice (U15B)	8:51	4	Levi Morrison (U17M)	11:05	6
7	Ross County Athletics Club	31:18	Fraser Genney (U13B)	11:09	10	Mark Murphy (U15B)	10:17	8	Ewan MacDonald (U17M)	9:52	7
8	Inverness Harriers AAC	31:26	Ritchie Rennie (U13B)	10:16	6	Joshua Smith (U15B)	10:56	7	Rory Smith (U15B)	10:14	8
9	Ross County Athletics Club	32:22	Ethan Wilby (U13B)	11:04	9	Ben Hansen (U13B)	11:53	10	Judah Anthony (U17M)	9:25	9
10	Stornoway Running & Athletics Club	33:16	Héctor Mollá (U13B)	11:11	11	Harris Macleod (U13B)	11:25	9	Darach Cowan (U15B)	10:40	10
11	Inverness Harriers AAC		Joshua Fitter (U13B)	9:28	1						

Senior and Masters Women

Pos	Team Name	Time	Athlete	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos
1	Orkney Athletic & Running Club	45:00	Lillie Giggie-Bain (SW)	14:55	2	Elsie Hutchison (SW)	15:29	1	Ava Luke (SW)	14:36	1
2	Highland Hill Runners	45:25	Kirstie Rogan (SW)	16:09	5	Lizzie Richardson (SW)	14:43	2	Mared Owen (SW)	14:33	2
3	Stornoway Running & Athletics Club	47:13	Coleen Monrad (SW)	16:50	6	Ailyn Mackay (SW)	16:12	5	Abbie Stewart (SW)	14:11	3
4	Inverness Harriers AAC	48:12	Katie Meek (SW)	15:17	3	Rachel Gillies (SW)	16:42	3	Asiya Cunningham (SW)	16:13	4
5	Moray Road Athletes	49:05	Gemma Waterston (SW)	14:51	1	Grace Jenkins (SW)	17:27	4	Jessica Haworth (SW)	16:47	5
6	Highland Hill Runners	50:17	Molly Rasch (SW)	16:54	7	Megan Bee (SW)	16:47	6	Caroline Marwick (W40)	16:36	6
7	JSK Running Club MAS	54:28	Tammy Wilson (W40)	16:05	4	Andrea Drummond (W50)	19:49	8	Roma McIntosh (W50)	18:34	7
8	Moray Road Athletes MAS	54:35	Susan McNairney (W40)	17:23	9	Nancy Long (W40)	18:00	7	Karen Norvell (W50)	19:12	8
9	JSK Running Club	54:42	Rachel Paterson (W50)	19:59	15	Christina Farquhar (W40)	19:26	14	Emma Murray (SW)	15:17	9
10	Forres Harriers MAS	54:50	Carrie-Ann Ward (W40)	17:55	10	Jackie Nicol (W60)	19:02	10	Susan McRitchie (W50)	17:53	10
11	Fraserburgh Running Club	56:07	Karen Robertson (SW)	17:57	11	Morag Thompson (W40)	18:49	9	Grace Greig (SW)	19:21	11
12	East Sutherland Athletics Club	56:32	Audrey Scott (W60)	21:30	18	Julie Mackay (W50)	17:42	13	Catriona Scott (SW)	17:20	12
13	Peterhead Athletics Club	57:10	Linda McGee (W50)	19:15	13	Chloe Pirie (SW)	19:44	12	Barbara Anne Needs (W40)	18:11	13
14	Forres Harriers	57:28	Katrina Rowe (SW)	18:21	12	Ros Wright (W60)	20:02	11	Nicola Blair (W40)	19:05	14
15	Forres Harriers MAS	59:34	Paula Boon (W50)	19:19	14	Clare Nicholas (W50)	20:19	16	Elaine Bowler (W60)	19:56	15
16	Moray Road Athletes	1:05:12	Elsbeth Jenkins (W50)	20:26	17	Carolyn Rattray (W40)	21:49	17	Bri Wignall (SW)	22:57	16
17	Inverness Harriers AAC		Alice Scriven (W40)	17:08	8						
18	Highland Hill Runners		Jacque Laird (W50)	20:17	16	Sharon Beck (W50)	19:12	15			

Masters Women

Pos	Team Name	Time	Athlete	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos
1	JSK Running Club MAS	54:28	Tammy Wilson (W40)	16:05	1	Andrea Drummond (W50)	19:49	2	Roma McIntosh (W50)	18:34	1
2	Moray Road Athletes MAS	54:35	Susan McNairney (W40)	17:23	2	Nancy Long (W40)	18:00	1	Karen Norvell (W50)	19:12	2
3	Forres Harriers MAS	54:50	Carrie-Ann Ward (W40)	17:55	3	Jackie Nicol (W60)	19:02	3	Susan McRitchie (W50)	17:53	3
4	Forres Harriers MAS	59:34	Paula Boon (W50)	19:19	4	Clare Nicholas (W50)	20:19	4	Elaine Bowler (W60)	19:56	4

Senior and Masters Men

Pos	Team Name	Time	Athlete	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos
1	Inverness Harriers AAC	49:55	Ruairidh Stirling (SM)	12:49	1	Robin Regan (SM)	12:27	1	Stephen Mackay (SM)	12:23	1	Luke Davidson (SM)	12:16	1
2	East Sutherland Athletics Club	50:51	Blair Mackay (SM)	13:25	3	Ruairidh Gollan (SM)	12:32	2	Finlay Murray (SM)	13:04	2	Ross Gollan (SM)	11:50	2
3	Moray Road Athletes	54:05	James Wilson (SM)	12:52	2	Colin McRae (SM)	13:27	3	Andrew Jones (SM)	14:02	3	Alistair MacWilliam (SM)	13:44	3
4	Inverness Harriers AAC MAS	57:07	David McColl (M40)	14:17	6	Donnie Macdonald (M40)	13:12	4	Paul Paterson (M40)	15:05	4	Norman Ferguson (M40)	14:33	4
5	Ross County Athletics Club	57:21	Michael Hoults (M50)	15:03	8	Kaeden Thomas (SM)	13:02	5	Gary Urquhart (M40)	16:41	6	Lachlan Thomas (SM)	12:35	5
6	Inverness Harriers AAC	57:29	Louis Ratcliffe (SM)	13:28	4	Hector Waudby-West (SM)	15:25	6	Helge Hansen (M40)	15:23	5	Finlay MacIannan (SM)	13:13	6
7	Highland Hill Runners MAS	58:31	Gavin Whiteside (M40)	15:44	13	Calum Kemp (M40)	14:52	8	Robbie Paterson (M40)	14:12	7	Daniel Rowe-Leete (M40)	13:43	7
8	Highland Hill Runners	59:03	Fraser Mackintosh (M50)	16:54	16	Paul Corbett (SM)	14:41	11	Ally Beaven (SM)	13:54	8	Andrew Gilmore (SM)	13:34	8
9	Moray Road Athletes	1:01:03	Kevin Morrison (SM)	15:24	9	Tom Dallamore (SM)	14:17	7	Andrew Rogan (SM)	16:12	9	Ross Finlayson (SM)	15:10	9
10	Forres Harriers	1:01:10	Bill Symon (SM)	14:51	7	Ben Banford (SM)	15:57	9	Robert Paterson (M40)	15:55	10	Ben MacDermid (SM)	14:27	10
11	Moray Road Athletes MAS	1:01:42	David Adam (M50)	15:29	11	Paul Rogan (M50)	15:47	10	Simon MacDonald (M60)	16:05	11	Gareth Jenkins (M50)	14:21	11
12	Moray Road Athletes	1:04:38	Connor Cameron (SM)	15:40	12	Finlay Cameron (SM)	17:04	14	Craig Rowley (SM)	15:53	12	Stuart Dalgarno (SM)	16:01	12
13	JSK Running Club MAS	1:05:42	Chris Robb (M40)	15:28	10	Stephen Simpson (M40)	16:16	12	Gavin Milne (M40)	18:18	13	Martin Reid (M40)	15:40	13
14	Moray Road Athletes MAS	1:07:16	Kenneth MacRae (M50)	16:47	14	John Querstret (M50)	16:35	15	Andy Alexander (M50)	17:20	14	Graham Stephen (M50)	16:34	14
15	Forres Harriers MAS	1:09:40	Jordan Bowler (M60)	17:43	20	Finlay Aiken (SM)	17:14	16	Iain Macdonald (M50)	17:21	16	Chris Gransden (M60)	17:22	15
16	Highland Hill Runners MAS	1:11:09	Dougie Macdonald (M50)	17:06	17	Paul Moody (M60)	18:21	18	Richard Chatburn (M50)	18:16	17	Stephen Popple (M60)	17:26	16
17	JSK Running Club MAS	1:14:38	Stuart Webster (M60)	17:20	19	Jamie Walker (M40)	18:47	19	Bruce Wilson (M50)	18:35	18	Greig Cruickshank (M60)	19:56	17
18	Peterhead Athletics Club MAS	1:18:07	Andrew Thom (M50)	19:03	21	Ian Rae (M60)	23:00	20	Andy Steel (M60)	20:02	19	Michael Reid (M40)	16:02	18
	Moray Road Athletes		Logan Poundall (SM)	20:19	23									
	Moray Road Athletes MAS		Steve Donaghy (M50)	19:16	22									
	Stornoway Running & Athletics Club		Hector Neally (SM)	14:15	5									
	Inverness Harriers AAC		James Valentine (SM)	17:17	18	Brian Mackenzie (M50)	17:52	17						
	Forres Harriers MAS		Mike Howell (M60)	16:53	15	Gavin Hughes (M40)	15:42	13	Tim Baxter (M50)	19:04	15			

Masters Men

Pos	Team Name	Time	Athlete	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos
1	Inverness Harriers AAC MAS	57:07	David McColl (M40)	14:17	1	Donnie Macdonald (M40)	13:12	1	Paul Paterson (M40)	15:05	1	Norman Ferguson (M40)	14:33	1
2	Highland Hill Runners MAS	58:31	Gavin Whiteside (M40)	15:44	4	Calum Kemp (M40)	14:52	###	Robbie Paterson (M40)	14:12	10	Daniel Rowe-Leete (M40)	13:43	9
3	Moray Road Athletes MAS	1:01:42	David Adam (M50)	15:29	3	Paul Rogan (M50)	15:47	3	Simon MacDonald (M60)	16:05	2	Gareth Jenkins (M50)	14:21	2
4	JSK Running Club MAS	1:05:42	Chris Robb (M40)	15:28	2	Stephen Simpson (M40)	16:16	4	Gavin Milne (M40)	18:18	3	Martin Reid (M40)	15:40	3
5	Moray Road Athletes MAS	1:07:16	Kenneth MacRae (M50)	16:47	5	John Querstret (M50)	16:35	6	Andy Alexander (M50)	17:20	4	Graham Stephen (M50)	16:34	4
6	Forres Harriers MAS	1:09:40	Jordan Bowler (M60)	17:43	9	Finlay Aiken (SM)	17:14	7	Iain Macdonald (M50)	17:21	6	Chris Gransden (M60)	17:22	5
7	Highland Hill Runners MAS	1:11:09	Dougie Macdonald (M50)	17:06	7	Paul Moody (M60)	18:21	8	Richard Chatburn (M50)	18:16	7	Stephen Popple (M60)	17:26	6
8	JSK Running Club MAS	1:14:38	Stuart Webster (M60)	17:20	8	Jamie Walker (M40)	18:47	9	Bruce Wilson (M50)	18:35	8	Greig Cruickshank (M60)	19:56	7
9	Peterhead Athletics Club MAS	1:18:07	Andrew Thom (M50)	19:03	10	Ian Rae (M60)	23:00	10	Andy Steel (M60)	20:02	9	Michael Reid (M40)	16:02	8
	Moray Road Athletes MAS		Steve Donaghy (M50)	19:16	11									
	Forres Harriers MAS		Mike Howell (M60)	16:53	6	Gavin Hughes (M40)	15:42	5	Tim Baxter (M50)	19:04	5			

Rank	Athlete	Club	Time	Leg
1	Hayleigh Reid (U13G)	Peterhead Athletics Club	9:07	1
2	Kyla Grant (U13G)	Inverness Harriers AAC	9:17	1
3	Iyla Souter (U13G)	Inverness Harriers AAC	9:20	1
4	Anna Meek (U17W)	Inverness Harriers AAC	9:32	3
5	Níamh Doorley (U15G)	Inverness Harriers AAC	9:33	2
6	Anwen Morley (U13G)	Inverness Harriers AAC	10:09	1
6	Annie English (U15G)	Inverness Harriers AAC	10:09	2
8	Lucy Fraser (U17W)	Ross County Athletics Club	10:22	3
9	Amy Simpson (U13G)	Inverness Harriers AAC	10:42	2
10	Kristen Kate Maciver (U13G)	Stornoway Running & Athletics Club	10:53	1
10	Sky Simpson (U17W)	Inverness Harriers AAC	10:53	3
12	Beth Macleod (U13G)	Stornoway Running & Athletics Club	10:56	1
13	Anna Fraser (U17W)	Ross County Athletics Club	11:13	3
14	Emma Steel (U17W)	Peterhead Athletics Club	11:14	3
15	Isla MacDonald (U13G)	Inverness Harriers AAC	11:16	1
16	Sophie MacGruer (U15G)	Ross County Athletics Club	11:26	2
17	Eden Lipovska (U13G)	Ross County Athletics Club	11:32	1
17	Isla Macleod (U15G)	Stornoway Running & Athletics Club	11:32	3
19	Anabelle Murray (U17W)	Ross County Athletics Club	11:42	3
20	Rona Laird (U17W)	Inverness Harriers AAC	11:50	3
21	Sophie Needs (U15G)	Peterhead Athletics Club	12:03	2
22	Litia Vukicea (U13G)	Inverness Harriers AAC	12:18	2
23	Lilly Scaramuccia (U15G)	Stornoway Running & Athletics Club	12:28	3
24	Ava Scaramuccia (U15G)	Stornoway Running & Athletics Club	12:34	2
25	Skye Tinney (U15G)	Ross County Athletics Club	12:37	2
26	Emily Hubbard (U13G)	Ross County Athletics Club	12:50	1
27	Quinn Young (U15G)	Inverness Harriers AAC	13:00	3
28	Emer Bolger (U15G)	Ross County Athletics Club	13:10	2
29	Isla Eve Maciver (U13G)	Stornoway Running & Athletics Club	15:25	2
30	Mairi MacColl (U13G)	Ross County Athletics Club	16:07	1

Rank	Athlete	Club	Time	Leg
1	Billy Sutherland (U17M)	Ross County Athletics Club	7:52	3
2	Archie Grant (U15B)	Inverness Harriers AAC	8:26	3
3	Charles Davies (U15B)	Inverness Harriers AAC	8:47	2
4	Liam Rice (U15B)	Stornoway Running & Athletics Club	8:51	2
4	Jamie MacGruer (U17M)	Ross County Athletics Club	8:51	3
6	Fraser Hume (U15B)	Ross County Athletics Club	8:52	2
7	Callum Crawford (U15B)	Ross County Athletics Club	9:09	2
8	Alasdair Jenkins (U17M)	Moray Road Athletes	9:24	3
9	Judah Anthony (U17M)	Ross County Athletics Club	9:25	3
10	Joshua Fitter (U13B)	Inverness Harriers AAC	9:28	1
11	Riley Davidson (U13B)	Inverness Harriers AAC	9:36	1
12	Gregor Cameron (U13B)	Inverness Harriers AAC	9:42	1
12	Hugh Cumming (U15B)	Moray Road Athletes	9:42	2
14	Mackie Henderson (U13B)	Ross County Athletics Club	9:43	1
15	Ewan MacDonald (U17M)	Ross County Athletics Club	9:52	3
16	Robert Spence (U17M)	Inverness Harriers AAC	9:57	3
17	Kian Morrison (U13B)	Inverness Harriers AAC	10:02	2
18	James Macaskill (U13B)	Ross County Athletics Club	10:07	1
19	Rory Smith (U15B)	Inverness Harriers AAC	10:14	3
20	Ritchie Rennie (U13B)	Inverness Harriers AAC	10:16	1
21	Mark Murphy (U15B)	Ross County Athletics Club	10:17	2
22	Finley John MacLeod (U13B)	Stornoway Running & Athletics Club	10:32	1
23	Darach Cowan (U15B)	Stornoway Running & Athletics Club	10:40	3
24	Omar Akoub (U13B)	Moray Road Athletes	10:46	1
25	Joshua Smith (U15B)	Inverness Harriers AAC	10:56	2
26	Ethan Wilby (U13B)	Ross County Athletics Club	11:04	1
27	Levi Morrison (U17M)	Stornoway Running & Athletics Club	11:05	3
28	Fraser Genney (U13B)	Ross County Athletics Club	11:09	1
29	Héctor Mollá (U13B)	Stornoway Running & Athletics Club	11:11	1
30	Harris Macleod (U13B)	Stornoway Running & Athletics Club	11:25	2
31	Ben Hansen (U13B)	Ross County Athletics Club	11:53	2

Rank	Athlete	Club	Time	Leg	Age Rank
1	Abbie Stewart (SW)	Stornoway Running & Athletics Club	14:11	3	1
2	Mared Owen (SW)	Highland Hill Runners	14:33	3	2
3	Ava Luke (SW)	Orkney Athletic & Running Club	14:36	3	3
4	Lizzie Richardson (SW)	Highland Hill Runners	14:43	2	4
5	Gemma Waterston (SW)	Moray Road Athletes	14:51	1	5
6	Lillie Giggie-Bain (SW)	Orkney Athletic & Running Club	14:55	1	6
7	Katie Meek (SW)	Inverness Harriers AAC	15:17	1	7
7	Emma Murray (SW)	JSK Running Club	15:17	3	7
9	Elsie Hutchison (SW)	Orkney Athletic & Running Club	15:29	2	9
10	Tammy Wilson (W40)	JSK Running Club MAS	16:05	1	1
11	Kirstie Rogan (SW)	Highland Hill Runners	16:09	1	10
12	Ailyn Mackay (SW)	Stornoway Running & Athletics Club	16:12	2	11
13	Asiya Cunningham (SW)	Inverness Harriers AAC	16:13	3	12
14	Caroline Marwick (W40)	Highland Hill Runners	16:36	3	2
15	Rachel Gillies (SW)	Inverness Harriers AAC	16:42	2	13
16	Megan Bee (SW)	Highland Hill Runners	16:47	2	14
16	Jessica Haworth (SW)	Moray Road Athletes	16:47	3	14
18	Coleen Monrad (SW)	Stornoway Running & Athletics Club	16:50	1	16
19	Molly Rasch (SW)	Highland Hill Runners	16:54	1	17
20	Alice Scriven (W40)	Inverness Harriers AAC	17:08	1	3
21	Catriona Scott (SW)	East Sutherland Athletics Club	17:20	3	18
22	Susan McNairney (W40)	Moray Road Athletes MAS	17:23	1	4
23	Grace Jenkins (SW)	Moray Road Athletes	17:27	2	19
24	Julie Mackay (W50)	East Sutherland Athletics Club	17:42	2	1
25	Susan McRitchie (W50)	Forres Harriers MAS	17:53	3	2
26	Carrie-Ann Ward (W40)	Forres Harriers MAS	17:55	1	5
27	Karen Robertson (SW)	Fraserburgh Running Club	17:57	1	20
28	Nancy Long (W40)	Moray Road Athletes MAS	18:00	2	6
29	Barbara Anne Needs (W40)	Peterhead Athletics Club	18:11	3	7
30	Katrina Rowe (SW)	Forres Harriers	18:21	1	21
31	Roma McIntosh (W50)	JSK Running Club MAS	18:34	3	3
32	Morag Thompson (W40)	Fraserburgh Running Club	18:49	2	8
33	Jackie Nicol (W60)	Forres Harriers MAS	19:02	2	1
34	Nicola Blair (W40)	Forres Harriers	19:05	3	9
35	Sharon Beck (W50)	Highland Hill Runners	19:12	2	4
35	Karen Norvell (W50)	Moray Road Athletes MAS	19:12	3	4
37	Linda McGee (W50)	Peterhead Athletics Club	19:15	1	6
38	Paula Boon (W50)	Forres Harriers MAS	19:19	1	7
39	Grace Greig (SW)	Fraserburgh Running Club	19:21	3	22
40	Christina Farquhar (W40)	JSK Running Club	19:26	2	10
41	Chloe Pirie (SW)	Peterhead Athletics Club	19:44	2	23
42	Andrea Drummond (W50)	JSK Running Club MAS	19:49	2	8
43	Elaine Bowler (W60)	Forres Harriers MAS	19:56	3	2
44	Rachel Paterson (W50)	JSK Running Club	19:59	1	9
45	Ros Wright (W60)	Forres Harriers	20:02	2	3
46	Jacquie Laird (W50)	Highland Hill Runners	20:17	1	10
47	Clare Nicholas (W50)	Forres Harriers MAS	20:19	2	11
48	Elsbeth Jenkins (W50)	Moray Road Athletes	20:26	1	12
49	Audrey Scott (W60)	East Sutherland Athletics Club	21:30	1	4
50	Carolyn Rattray (W40)	Moray Road Athletes	21:49	2	11
51	Bri Wignall (SW)	Moray Road Athletes	22:57	3	24

Rank	Athlete	Team Name	Time	Leg	Age	
					Rank	Age
1	Ross Gollan (SM)	East Sutherland Athletics Club	11:50	4	1	SM
2	Luke Davidson (SM)	Inverness Harriers AAC	12:16	4	2	SM
3	Stephen Mackay (SM)	Inverness Harriers AAC	12:23	3	3	SM
4	Robin Regan (SM)	Inverness Harriers AAC	12:27	2	4	SM
5	Ruairidh Gollan (SM)	East Sutherland Athletics Club	12:32	2	5	SM
6	Lachlan Thomas (SM)	Ross County Athletics Club	12:35	4	6	SM
7	Ruairidh Stirling (SM)	Inverness Harriers AAC	12:49	1	7	SM
8	James Wilson (SM)	Moray Road Athletes	12:52	1	8	SM
9	Kaeden Thomas (SM)	Ross County Athletics Club	13:02	2	9	SM
10	Finlay Murray (SM)	East Sutherland Athletics Club	13:04	3	10	SM
11	Donnie Macdonald (M40)	Inverness Harriers AAC MAS	13:12	2	1	M40
12	Finlay Maclellan (SM)	Inverness Harriers AAC	13:13	4	11	SM
13	Blair Mackay (SM)	East Sutherland Athletics Club	13:25	1	12	SM
14	Colin McRae (SM)	Moray Road Athletes	13:27	2	13	SM
15	Louis Ratcliffe (SM)	Inverness Harriers AAC	13:28	1	14	SM
16	Andrew Gilmore (SM)	Highland Hill Runners	13:34	4	15	SM
17	Daniel Rowe-Leete (M40)	Highland Hill Runners MAS	13:43	4	2	M40
18	Alistair MacWilliam (SM)	Moray Road Athletes	13:44	4	16	SM
19	Ally Beaven (SM)	Highland Hill Runners	13:54	3	17	SM
20	Andrew Jones (SM)	Moray Road Athletes	14:02	3	18	SM
21	Robbie Paterson (M40)	Highland Hill Runners MAS	14:12	3	3	M40
22	Hector Neally (SM)	Stornoway Running & Athletics Club	14:15	1	19	SM
23	David McColl (M40)	Inverness Harriers AAC MAS	14:17	1	4	M40
23	Tom Dallamore (SM)	Moray Road Athletes	14:17	2	20	SM
25	Gareth Jenkins (M50)	Moray Road Athletes MAS	14:21	4	1	M50
26	Ben MacDermid (SM)	Forres Harriers	14:27	4	21	SM
27	Norman Ferguson (M40)	Inverness Harriers AAC MAS	14:33	4	5	M40
28	Paul Corbett (SM)	Highland Hill Runners	14:41	2	22	SM
29	Bill Symon (SM)	Forres Harriers	14:51	1	23	SM
30	Calum Kemp (M40)	Highland Hill Runners MAS	14:52	2	6	M40
31	Michael Hault (M50)	Ross County Athletics Club	15:03	1	2	M50
32	Paul Paterson (M40)	Inverness Harriers AAC MAS	15:05	3	7	M40
33	Ross Finlayson (SM)	Moray Road Athletes	15:10	4	24	SM
34	Helge Hansen (M40)	Inverness Harriers AAC	15:23	3	8	M40
35	Kevin Morrison (SM)	Moray Road Athletes	15:24	1	25	SM
36	Hector Waudby-West (SM)	Inverness Harriers AAC	15:25	2	26	SM
37	Chris Robb (M40)	JSK Running Club MAS	15:28	1	9	M40
38	David Adam (M50)	Moray Road Athletes MAS	15:29	1	3	M50
39	Connor Cameron (SM)	Moray Road Athletes	15:40	1	27	SM
39	Martin Reid (M40)	JSK Running Club MAS	15:40	4	10	M40
41	Gavin Hughes (M40)	Forres Harriers MAS	15:42	2	11	M40
42	Gavin Whiteside (M40)	Highland Hill Runners MAS	15:44	1	12	M40
43	Paul Rogan (M50)	Moray Road Athletes MAS	15:47	2	4	M50
44	Craig Rowley (SM)	Moray Road Athletes	15:53	3	28	SM
45	Robert Paterson (M40)	Forres Harriers	15:55	3	13	M40
46	Ben Banford (SM)	Forres Harriers	15:57	2	29	SM
47	Stuart Dalgarno (SM)	Moray Road Athletes	16:01	4	30	SM
48	Michael Reid (M40)	Peterhead Athletics Club MAS	16:02	4	14	M40
49	Simon MacDonald (M60)	Moray Road Athletes MAS	16:05	3	1	M60
50	Andrew Rogan (SM)	Moray Road Athletes	16:12	3	31	SM

Rank	Athlete	Team Name	Time	Leg	Age	
					Rank	Age
51	Stephen Simpson (M40)	JSK Running Club MAS	16:16	2	15	M40
52	Graham Stephen (M50)	Moray Road Athletes MAS	16:34	4	5	M50
53	John Querstret (M50)	Moray Road Athletes MAS	16:35	2	6	M50
54	Gary Urquhart (M40)	Ross County Athletics Club	16:41	3	16	M40
55	Kenneth MacRae (M50)	Moray Road Athletes MAS	16:47	1	7	M50
56	Mike Howell (M60)	Forres Harriers MAS	16:53	1	2	M60
57	Fraser Mackintosh (M50)	Highland Hill Runners	16:54	1	8	M50
58	Finlay Cameron (SM)	Moray Road Athletes	17:04	2	32	SM
59	Dougie Macdonald (M50)	Highland Hill Runners MAS	17:06	1	9	M50
60	Finlay Aiken (SM)	Forres Harriers MAS	17:14	2	33	SM
61	James Valentine (SM)	Inverness Harriers AAC	17:17	1	34	SM
62	Stuart Webster (M60)	JSK Running Club MAS	17:20	1	3	M60
62	Andy Alexander (M50)	Moray Road Athletes MAS	17:20	3	10	M50
64	Iain Macdonald (M50)	Forres Harriers MAS	17:21	3	11	M50
65	Chris Gransden (M60)	Forres Harriers MAS	17:22	4	4	M60
66	Stephen Popple (M60)	Highland Hill Runners MAS	17:26	4	5	M60
67	Jordan Bowler (M60)	Forres Harriers MAS	17:43	1	6	M60
68	Brian Mackenzie (M50)	Inverness Harriers AAC	17:52	2	12	M50
69	Richard Chatburn (M50)	Highland Hill Runners MAS	18:16	3	13	M50
70	Gavin Milne (M40)	JSK Running Club MAS	18:18	3	17	M40
71	Paul Moody (M60)	Highland Hill Runners MAS	18:21	2	7	M60
72	Bruce Wilson (M50)	JSK Running Club MAS	18:35	3	14	M50
73	Jamie Walker (M40)	JSK Running Club MAS	18:47	2	18	M40
74	Andrew Thom (M50)	Peterhead Athletics Club MAS	19:03	1	15	M50
75	Tim Baxter (M50)	Forres Harriers MAS	19:04	3	16	M50
76	Steve Donaghy (M50)	Moray Road Athletes MAS	19:16	1	17	M50
77	Greig Cruickshank (M60)	JSK Running Club MAS	19:56	4	8	M60
78	Andy Steel (M60)	Peterhead Athletics Club MAS	20:02	3	9	M60
79	Logan Poundall (SM)	Moray Road Athletes	20:19	1	35	SM
80	Ian Rae (M60)	Peterhead Athletics Club MAS	23:00	2	10	M60